

Kids Walk-to-School Encourages Pedestrian Safety

Kids Walk-to-School encourages improved safety on the walk to and from school by

- Encouraging children to walk in groups.
- Organizing responsible adults to accompany the children as they walk to and from school.
- Teaching and practicing safe pedestrian behavior on the walk to and from school.
- Empowering neighborhoods to work together with local agencies, such as the department of public works, to identify and create safe routes to school.
- Partnering with local police to enforce speeds in and around the neighborhood and school.
- Provide crossing guards for children on their way to and from school.

For more information visit www.cdc.gov/nccdphp/dnpa/kidswalk

To help make walks safe and comfortable—

- Encourage children to wear bright or fluorescent colors during the day and reflector tape on their backpacks or jackets during darker hours of the day.
- Bring along a wagon to carry the children's belongings.
- Encourage children to wear comfortable shoes and clothing appropriate for the temperature and weather conditions.
- On warmer days it may be advisable for children to carry a water bottle.
- Remind children to eat a balanced breakfast to help provide the energy they need for optimum physical performance.
- Adult leaders may want to carry a cellular telephone to use in emergencies.